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To my valued clients:

With the Coronavirus outbreak I am compelled to provide best practice modifications for your protection, my own and the greater community at large. While this is a situation that needs to be taken very seriously, I believe there are some practical measures that I can take to address this as calmly as possible.

Clear guidance is already being presented that "social distancing" is best practice (in addition to all the usual health care precautions – hand washing, avoidance of face touching, etc.). It is also highly likely, given the experience of other countries and regions, that we are at the tip of the iceberg here in California, and that we can expect a wider outbreak soon. I expect at that time that local public health officials will provide additional guidance on restricting interactions.

Our in-person sessions are very important, and I am very reluctant to give them up. Nevertheless, out of consideration for the health of the community, your health, and my health, I am beginning to consider that holding our sessions in an electronic format might be a wise and safer approach than face-to-face sessions. If you are vulnerable due to underlying health conditions, or become ill, this will be a way for us to continue our sessions. Please let me know if you would be open to having our upcoming sessions via Vsee, a HIPAA compliant videoconferencing service, or by telephone.

In the meantime, I am wiping down all the hard surfaces and door handles with a professional grade disinfectant frequently through the day. To protect all my clients, I am also requesting that you wash your hands at the sink for the duration of 20 seconds prior to entering and after leaving the office. The bathroom codes are: 1270 (Men) 1278 (Women). If you prefer to wait in the hallway rather than the waiting room, simply leave a message on my voicemail and I will come out to get you at your appointment time.

If you become ill with any symptoms, please do not come to the office. The cancellation policy will not apply, and we have other options to meet through video conferencing or telephone calls. Please leave me a message on my voicemail, or if you use email, send me an email and we will develop a plan to meet electronically.

Like you, I am hoping that we can all work together to help bring this under control and I appreciate your willingness to do what it takes.

Best wishes,

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